

### **The Dawning of the Age of Aquarius**

At this stage in our evolutionary process the perfect individual doesn't exist but the perfect soul does.

To find our own truth and live by it we are connecting with our soul. Our soul is living through us. We are moving into the new age of Aquarius which is a time where we raise our vibrations (our consciousness) so that we are able to live our more authentic self. We are awakening to our higher senses and being guided by them. When you are aligned with your higher self you don't need to follow any guru or religion or conditioning of traditions past. You are truly living in the here and now, consciously aware and guided by your soul. The voice of your soul will always guide you in the direction for your greatest good and the greater good of all.

The chakra energy centres connect through our spinal column each particular chakra centre related to a growth in our personal development in life. The 7 chakra centres in the physical relate to:

- 1) Base Chakra – relate to our survival instincts, family, tribe (our foundations)
- 2) Naval Chakra – intimacy and creativity
- 3) Solar plexus – inner power, will and desire
- 4) Heart Chakra – self love/love for humanity
- 5) Throat Chakra – creativity & communication
- 6) Brow Centre – wisdom and knowledge
- 7) Crown Chakra – blissful state and moving into the ethereal realm

*The back of the neck is our ascension chamber leading us up through the crown and beyond.*

- 8) Cosmic Gateway
- 9) Planetary Gateway
- 10) Intergalactic Gateway
- 11) Christed Level
- 12) Higher Self, I AM presence

From there your higher vibrational frequencies are raised to higher realms.....it is infinite.

The spiritualists talk about the 12 strands of DNA with each strand having a particular string of knowledge. Energy always spirals and if you start at the base chakra and work up we are spiraling up, we are ascending. There are several energy healing techniques that connect you to the 12 strands. Pellowah Technique is one of the easiest. It is **our choice** to activate them to shift our consciousness to a higher dimension.

Science is of the understanding that we are made up of energy particles and if you concentrate on the body, let's say the toes, and bring our awareness there you can feel

the energy tingling and a vibration. They say...first there was a vibration and then there was light. For human beings to evolve we need to understand this at a conscious level and if we don't acknowledge this we just stay in the same pattern, the same cycle as we have done in the past. There is no judgment it is our own choice.

Collectively we are becoming more aware of the fact that we live in a choice reality. Humans have the power to make choices. That's the difference between us and the animal and plant kingdom. To be able to make choices gives us the power above all other living species on this planet. For us to continue evolving we need to make choices that are aligned with our higher-self, our God self which sees from a clearer and elevated perspective.

The past century and also into the new millennium we have been on a destructive cycle with world wars and now wars of terrorism and wars on a more individual nature with conflict within families and unhealthy competition between groups of people. We've been working against each other and we have been seeing from a distrustful mind frame. We have followed the dogma of religion which has separated the human family and made us turn on each other just like the cells of cancer destroys our bodies.

We seem to have been on automatic pilot or sleep walking for the last century and operated from a reactionary mindset rather than a proactive process. Reacting can lead us into a hole; proactive is shining a light ahead so we can have a clearer vision.

We know we are here for a short time to experience and learn but if we are humans who have the power to **choose** why are we choosing to leave the planet through suffering if it's through war or illness.

There has been a massive wake-up call happening globally and interestingly enough technology has been the major player. Technology can destroy us very quickly but it is also connecting us also through the wonderful invention of the internet and digital technology. The internet is a manifestation of the universal energy grid that connects. As easy as it is to turn on the computer and connect to the World Wide Web we can connect to the universal energy source. Consciously tapping into this source aligns you to your soul purpose and puts each and every one of us on track to fulfill our destiny.

Tapping into the universal energy source we see life's synchronicity and consciously go with the flow of the energetic stream. The energy within your physical body becomes lighter and you resonate at a higher vibration which brings clarity. Vibrating at a higher frequency enables you to become the blue sky and see the clouds, the drama and the illusion without getting caught up in it. You allow life to unfold as it should but you are connecting with the higher energy and that is love. Love is what radiates and that energy of love permeates all that is. If you are not vibrating at a higher frequency and your energy drops you get caught up in the story of life because you've lost your awareness and clarity. You lose your knowledge.

The classical Mayans understood the energy pulses of the universe and mysteriously collectively left the planet together. They were a very evolved civilization. The fact that they understood the pulses of energy was the key to this culture choosing to leave the planet when they did.

There was a time in the Age of Golden Atlantis that ran for 1,500 years where it has been described as “Heaven on Earth” when everyone had incredible spiritual power. We have all experienced this way of life in our past and some now are ready to open their hearts and find the way to seek a harmonious way of living. This is the energy of Aquarius, supporting a collective manifestation of love and peace.

For us to move forward to fulfill our destiny and continue the process of evolution we need clear vision. Our higher senses of clairvoyance, clairaudience, and clairsentients we need to recognize, nurture and value. Our higher senses unite all sentient beings.

Globally people are getting glimpses from this shift in perspective. There have been many enlightened beings working together at this time to raise the consciousness of our world and it is happening fast and very successfully. Meditation and Yoga have expanded into gymnasiums and new forms of energy healings have been channeled through for this shift to gain momentum and to be grounded. There has been a lot of positive work happening in the universe for the sake of mankind to continue the evolutionary process of enlightenment and ascension steering us away from a familiar course of destruction.

It comes back to each and everyone of us to take responsibility for our own evolution as ultimately it is our individual choice.

Irenee holds meditation and yoga classes and is a teacher and trainer of Pellowah Healing Technique. (Pellowah means A Radical Shift in Consciousness). If you are interested in learning more about energy and spiritual development please don't hesitate to contact [irenee@inspirationalvibrations.com](mailto:irenee@inspirationalvibrations.com) website: [www.inspirationalvibrations.com](http://www.inspirationalvibrations.com) phone: 0402 237470.

