

Connect with your eternal 'being': Attunement, healing and positive change through the Pellowah Healing Technique©

In this article, we talk about the Pellowah Healing Technique© – a new tool for enlightenment that is highly regarded by people seeking to bring about their next phase of positive change. This technique was 'brought through' from spirit by well-respected spirit channel, Kachina Ma'an. The word 'Pellowah' means a "Radical Shift in Consciousness", that is, a shift to a new way of 'being'.

To make this shift, we need to understand where we are now so we can open up space and harness energy for healing and positive change. Have you ever thought about what it means to be a human being? The *human* part of us is the vehicle that our *being* resides in. The *human* is our body suit, a temporary one at that, and the *being* is our consciousness. So what happens to the *being* that makes up our very essence?

People who have viewed a dead body often report that while they see a physical body, something is missing: the soul/spirit has left leaving the body for what it is, purely a mortal vehicle. Every religion talks about eternal life. Regardless of specific beliefs, what is mostly common is a view that upon death we merge with the source energy that connects all that is.

Energy connects everything in the universe. It permeates all matter and has a vibration. The human body itself is energy in matter, swimming within the universal life force. Just as a stone thrown into water produces a ripple effect, due to our connection to universal energy we also feel the impact of that ripple.

Fritz Albert Popp, a German physicist, discovered that there was light in the human body that could beam out instructions and communications between the organisms of the body. This light was sourced in the DNA and was highly coherent, meaning the light waves were in synchronicity. When light waves are in sync the resultant power is unlimited. The energy source running through our physical body is connecting us to the greater whole-of-a-higher intelligence, just like the world-wide web is connecting us to the information highway. Carl Jung talked about this as the *collective unconscious*.

Imagine the exhilaration of being able to meaningfully connect the unconscious to the conscious! People who meditate often feel the merging and expanding of energy, giving them the experience of feeling the 'oneness', or the connection, to all that is. The lightness often experienced is a vibration. When you walk into a room you generally feel the 'vibes' whether they be light or dense. We are attracted to vibrations at the same frequency that we are vibrating at. This allows us to experience the Universal Law of Attraction at work, where *like attracts like*.

What makes Pellowah unique is that it is an attunement which aligns to the purest light that we can access at this time and space. Through this we are able to draw through this light for healing and change. The Pellowah Healing Technique© helps us along our path

of personal growth and change, expanding the conscience, helping one become more objective and empowered.

When you think about Einstein's famous quote: "You can't solve a problem with the same mind that created it" what he meant was we need to 'see' from a higher perspective. Lifting our vibrations allows our higher mind to create a solution. By raising your vibrational frequency you are lighter, allowing you to see more clearly and have a feeling of general wellbeing.

As our vibrations collectively rise higher, we are able to move on as a whole breaking our old and outdated cycles and patterns to ascend to a higher frequency and a higher mind consciousness where the pure energies of love, joy and all the positive emotions resonate.

The spiritualists believe that we have 12 strands of DNA (which science is yet to discover); each strand stores a particular string of knowledge. Dr Berrenda Fox is a holistic practitioner of the Avalon Wellness Centre in Mt Shasta, California. Dr Fox has already proven through blood tests that some people have actually developed new strands of DNA. With these individuals, she noticed changes with their mental telepathy abilities, in that they were able to communicate telepathically.

The Pellowah Healing Technique© connects the 12 strands of DNA ready for activation. Sometimes we become stuck or are at crossroads in our life. While we know we are ready for change it seems hard to see the wood for the trees. When this occurs, it is actually a positive sign as it generally means we are ready to grow and expand our experience here.

Every one of us came here for a purpose and when we consciously connect to the purest light we become aware of synchronicity and so called 'co-incidences'. We become aware of a bigger picture and just like doing a jigsaw puzzle, when you have a picture of the puzzle it is much easier to place the pieces. Having this awareness enables you to trust that the pieces will fall into place.

Being attuned through the Pellowah Healing Technique© helps your life gently unfold just like the opening of the 1,000 petalled lotus symbol revealing the magnificence within, without force. This awakening of your unconscious allows a true sense of living by your own truth. By making conscious choices in life that enhances your energy, life begins to flow without major resistance.

The Pellowah Healing Technique© allows you to live more in the moment, enjoying life for what it is and not getting caught up in the past or in worries about the future. You start to see so-called upsets in your life through different eyes – the eyes of wisdom. With this clarity, you are connected to your true 'eternal' being and can trust your own guidance fulfilling the life you came here to live.

Pellowah Healing Technique© is administered by accredited Practitioners personally trained and certified by Kachina Ma'an. It takes about 1 hour per session and is a hands-off healing where the client lies down in a totally quiet environment. The Practitioner is

a vessel for the Pellowah Healing Technique© and has no part to play in the actual healing, nor do they give any diagnosis or assessment once the healing is complete.

Each client's experience is totally their own. During healing, some clients may experience involuntary body movements and visions/feelings of things being '*put back together*' again. Afterwards, there is a general light feeling and sense of wellness that lasts and increases in strength as time passes. It is most important that each individual cherish and live this experience for themselves.

Irenee Brooks is an accredited Practitioner and Trainer of the Pellowah Healing Technique©. Training Programs (Level 1-3) to become Practitioners and Trainers are available.

If you are interested in finding out more information about the Pellowah Healing Technique© or would like to book a session, please contact: *Inspirational Vibrations*,
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